

There are certainly only a few nations where a political party can expect to win the 100 seats required to control the House. The House is regarded as a system of 100 "constituencies."

4 Sabah hostages freed in South

3 Indons, 1 Pinoy return to Malaysia after 8 months of captivity by Abus

MANILA (AP) — Malaysia's security forces on Monday announced the rescue of four hostages held for more than a year by an Islamic militant group in Sabah, Malaysia. The group, known as the Abu Sayyaf Group, is a militant group that has been active in the region since 2002.

The hostages, three Indonesians and one Filipino, were released after being held for more than a year in Sabah. The group, known as the Abu Sayyaf Group, is a militant group that has been active in the region since 2002. The hostages were released after being held for more than a year in Sabah. The group, known as the Abu Sayyaf Group, is a militant group that has been active in the region since 2002.

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It's 5 years in HS for 700.00 students

By [Name], [Location]

The Department of Education (DepEd) announced that it will implement a five-year high school program for 700,000 students. The program is part of the Department's effort to improve the quality of education in the Philippines. The program will be implemented in the following areas: [List of areas].

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Namfrel resumes slow 'quick count'

By [Name], [Location]

The National Media Freedom Foundation (Namfrel) resumed its slow 'quick count' on Monday. The organization is a non-profit organization that monitors the media and promotes freedom of expression. The 'quick count' is a process by which Namfrel monitors the media and reports on the results. The organization has been active in the Philippines since 1992.

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More leader accuses gov't of concocting story

By [Name], [Location]

A leader of the [Group] accused the government of concocting a story on Monday. The leader is a prominent figure in the group and has been active in the region since 2002. The story is a claim that the government is planning to launch a military operation in the region. The leader has been active in the region since 2002.

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Divers check for **GMA allies gain majority of seats in Congress**

oil leak in ship engine

3 MYSTERIOUS DEATHS

Sack RP staff in Beirut, gov't asked

By Dennis S. Brown

BEIRUT, Lebanon (UPI) — The United States State Department has asked the Lebanese government to sack the staff of the United States consulate in Beirut, after three American employees were mysteriously killed in the past few days.

The deaths were reported by the Lebanese government, which said the victims were killed by a "terrorist" group. The deaths were reported by the Lebanese government, which said the victims were killed by a "terrorist" group.

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Banyon calls on Josiah's Army to watch Congress campaign

By Dennis S. Brown

MANILA, Philippines (UPI) — Sen. Ramon S. Banyon has called on Josiah's Army to watch the campaign for the Philippine Congress.

Banyon, who is running for re-election, said that Josiah's Army should be vigilant in monitoring the campaign to ensure that it is free from any form of manipulation.

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Nur ends up No. 4 in Sulu gov race

Loong tops 7-man field

By Ma Joya Lim-Oliva

For the second time, Nur Masman ended his bid for the Sulu gubernatorial post in the 2004 elections. In the first round, he finished second with 20 percent of the vote, behind the incumbent, Sultan Kudat, who won 35 percent of the vote.

Nur, 52, was the only candidate who lost in the first round. He was the only candidate who lost in the first round. He was the only candidate who lost in the first round. He was the only candidate who lost in the first round.

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The WORLD

PHOTOGRAPH BY GARY

Iraq wedding film disputes US version of desert strike



Should you have been there? A wedding film was shown to US troops in Iraq, but the film was not shown to US troops in Iraq.



11 PM: A wedding film was shown to US troops in Iraq, but the film was not shown to US troops in Iraq.

And the film, which was shown to US troops in Iraq, was not shown to US troops in Iraq.

The film, which was shown to US troops in Iraq, was not shown to US troops in Iraq.

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More courts-martial over Iraq prisoner abuse expected

WASHINGTON — A new wave of courts-martial is expected to be launched by the US military over alleged prisoner abuse in Iraq.

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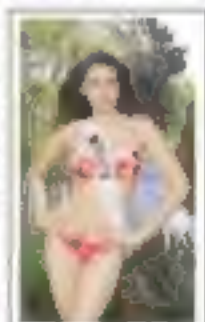
Israel ends Gaza siege; minister slams razing of homes

TEL AVIV — Israel's military has ended its siege of Gaza, but a minister has slammed the razing of homes in the area.

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11 PM: A woman in a bikini standing in front of a large, ornate structure, possibly a monument or statue.

UN: China faces AIDS time bomb

GENEVA — China faces a "time bomb" of AIDS, the United Nations has warned.

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Accepting defeat or victory with humility

Dreamer

Post Title
Total 16



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16



May

Post Title
Total 16



Soil dreaming

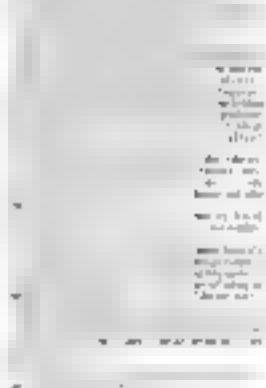
v L

It's that time of year again

Post Title
Total 16



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16



the sun was
all over it
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the sun was
all over it

the sun was
all over it
the sun was
all over it

the sun was
all over it
the sun was
all over it

LETTERS

[illegible]

Figure 1 consists of two side-by-side grayscale images. The left image is a noisy, low-contrast representation of a scene. The right image is the same scene after denoising, showing much clearer details and reduced noise. The images are labeled '1000' at the bottom, indicating their dimensions.

	1990	1991	1992
1. <i>Chlamydia trachomatis</i>	1.0	1.0	1.0
2. <i>Neisseria gonorrhoeae</i>	1.0	1.0	1.0
3. <i>Trichomonas vaginalis</i>	1.0	1.0	1.0
4. <i>Herpes simplex virus</i>	1.0	1.0	1.0
5. <i>Human immunodeficiency virus</i>	1.0	1.0	1.0
6. <i>Cytomegalovirus</i>	1.0	1.0	1.0
7. <i>Epstein-Barr virus</i>	1.0	1.0	1.0
8. <i>Varicella-zoster virus</i>	1.0	1.0	1.0
9. <i>Human papillomavirus</i>	1.0	1.0	1.0
10. <i>Streptococcus pneumoniae</i>	1.0	1.0	1.0
11. <i>Staphylococcus aureus</i>	1.0	1.0	1.0
12. <i>Escherichia coli</i>	1.0	1.0	1.0
13. <i>Salmonella enteritidis</i>	1.0	1.0	1.0
14. <i>Shigella flexneri</i>	1.0	1.0	1.0
15. <i>Yersinia enterocolitica</i>	1.0	1.0	1.0
16. <i>Legionella pneumophila</i>	1.0	1.0	1.0
17. <i>Cryptosporidium parvum</i>	1.0	1.0	1.0
18. <i>Toxoplasma gondii</i>	1.0	1.0	1.0
19. <i>Giardia lamblia</i>	1.0	1.0	1.0
20. <i>Microsporidium</i>	1.0	1.0	1.0

1. *Staphylococcus aureus* (10⁸ CFU/ml)
 2. *Staphylococcus aureus* (10⁷ CFU/ml)
 3. *Staphylococcus aureus* (10⁶ CFU/ml)
 4. *Staphylococcus aureus* (10⁵ CFU/ml)
 5. *Staphylococcus aureus* (10⁴ CFU/ml)
 6. *Staphylococcus aureus* (10³ CFU/ml)
 7. *Staphylococcus aureus* (10² CFU/ml)
 8. *Staphylococcus aureus* (10¹ CFU/ml)
 9. *Staphylococcus aureus* (10⁰ CFU/ml)
 10. *Staphylococcus aureus* (10⁻¹ CFU/ml)

[illegible]

Pasasalamat ni Bro. Eddie

'Change is coming to our country. Remember that and move!'

[illegible]

1. $\frac{1}{2} \times \frac{1}{2} = \frac{1}{4}$
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Media agencies report GMA win quoting Comelec

By [illegible] and [illegible]

[illegible]



President Gloria Macapagal Arroyo (center) with Vice President Noli de la Rosa (right) and other officials of the Executive Branch.

11 senators proclaimed

GMA proclaimed president by followers

Capitol Hill - [illegible]

By [illegible]

For [illegible]

By [illegible]

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SIEMENS Hearing Aids are the most advanced, most effective hearing aids available today.

SIEMENS Hearing Aids are the most advanced, most effective hearing aids available today.

By [illegible]

Reds urge 'people power' in Isabela

MANILA, Philippines—The communist new army has urged people power in Isabela province, saying it is the only way to overthrow the government.

The new army, known as the New People's Army (NPA), has urged people power in Isabela province, saying it is the only way to overthrow the government.

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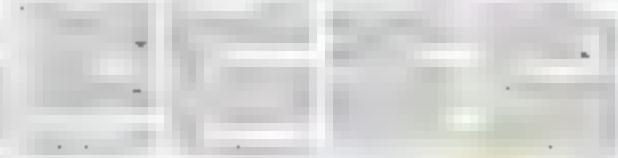
The NPA has urged people power in Isabela province, saying it is the only way to overthrow the government.

Special polls key to race for governor

Fire hits mayor's office in Negros town days after polls

MANILA, Philippines—A fire broke out in the office of the mayor of Negros town, Negros Occidental, days after the local elections.

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Baguio Islamic school holds graduation rites

Ilanun school graduates

MANILA, Philippines—The Islamic Education Center in Baguio City held a graduation ceremony for its students.

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'Bad Boy from Davao' flees traitor mob in GenSan

MANILA, Philippines—A man known as the 'Bad Boy from Davao' has fled from a mob of traitors in General Santos City.

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METRO

After 40 years of Monday

Chinoy trader, maid murdered in QC

Recklessness kills 4 men on Slex

By Philippine Star

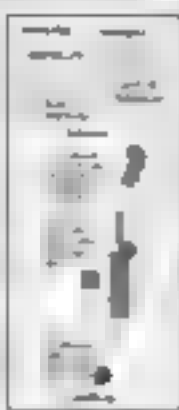
Four men were killed and two others injured in a head-on collision between a jeepney and a truck on SLEX in Quezon City, police said.

The accident occurred at the intersection of SLEX and EDSA on Tuesday night. The jeepney, carrying several passengers, was traveling southbound when it collided with a truck traveling northbound.

The victims, all men, were identified as follows:

- 1. [Name], 35, [Address]
- 2. [Name], 42, [Address]
- 3. [Name], 28, [Address]
- 4. [Name], 31, [Address]

The injured men are being treated at a nearby hospital. The cause of the accident is still under investigation.



Victim was preparing for wedding

The victim of the SLEX accident was preparing for his wedding, a friend said. The victim, [Name], was 35 years old and was engaged to be married. He was traveling to his fiancée's home in [Location] when the accident occurred.

The friend said that the victim was a hardworking man who supported his family. He was looking forward to starting a new life with his fiancée. The friend expressed his grief and asked for prayers for the victim's soul.

Concert raffles Suspect in bank teller's

Escaped Pasig rape, says not giving up

A suspect in the rape of a bank teller in Pasig City is being tracked down by police. The suspect, a 25-year-old man, escaped from custody after a failed attempt to arrest him. He is currently on the run and is believed to be hiding in the area.

The victim, a 28-year-old woman, was working at a bank in Pasig when she was raped by the suspect. She immediately reported the crime to the police, but the suspect managed to escape. The police are conducting a thorough search for the suspect and have issued a warrant for his arrest.

The victim is recovering from her ordeal and is being treated at a hospital. She has expressed her determination to see the suspect brought to justice and is participating in a concert raffle to raise funds for her legal expenses.

In final tally, GMA leads FPJ by wide margin

In the final tally of the recent election, GMA has led FPJ by a wide margin. The results show that GMA has secured a significant number of votes, while FPJ has fallen short of the required majority. The victory for GMA is a testament to the support of its voters and the effectiveness of its campaign strategy.

The election results were announced on Tuesday, and the counting process was completed by Wednesday. GMA's lead is substantial, and it is expected that they will continue to lead in the upcoming legislative elections. FPJ, on the other hand, has a long way to go to catch up with GMA.

The results of the election have been a surprise to many, as FPJ was considered a strong contender. However, GMA's consistent performance throughout the campaign has paid off. The victory for GMA is a clear message to the voters that they are satisfied with the direction of the country.

REAL ESTATE

Developers request DENR to clarify Sewage memo

By Dennis B. Bana

The Department of Environment and Natural Resources (DENR) has issued a memo to local government units (LGUs) regarding the construction of sewage treatment plants (STPs) in urban areas. The memo, dated March 1, 2011, states that LGUs are required to construct STPs within a five-year period from the date of the memo's issuance. The memo also states that LGUs are required to submit a copy of the STP construction plan to the DENR for review and approval.



STP construction site in the city of Manila.

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More information

The Department of Environment and Natural Resources (DENR) has issued a memo to local government units (LGUs) regarding the construction of sewage treatment plants (STPs) in urban areas. The memo, dated March 1, 2011, states that LGUs are required to construct STPs within a five-year period from the date of the memo's issuance. The memo also states that LGUs are required to submit a copy of the STP construction plan to the DENR for review and approval.

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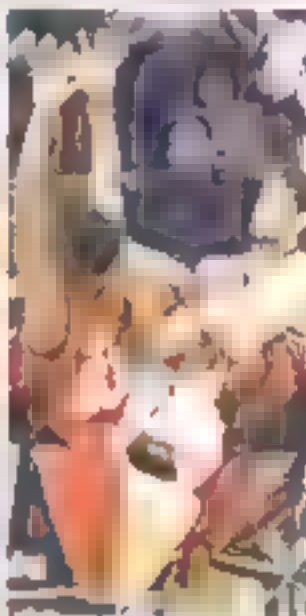
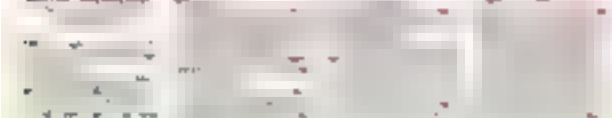
3 refs suspended, 3 more under the gun

the new library

The first of the two handwritten letters was dated 1847, the second 1848. The first letter was written by a man named John W. Smith, and the second by a man named John W. Smith. The first letter was written to a man named John W. Smith, and the second letter was written to a man named John W. Smith.

Knights: Jewels in do-or-die tiff

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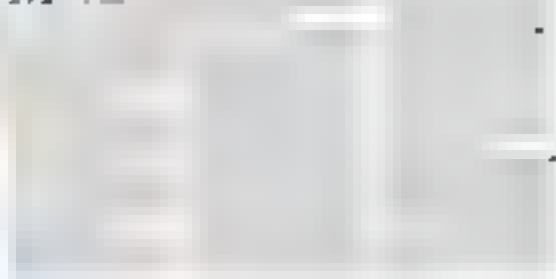
Heino-Hardcore back with a bang





Tempers flare as fiery Twolves whip Lakers

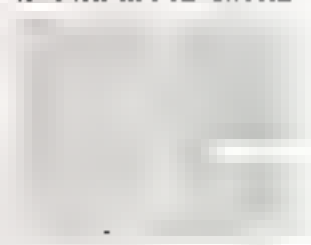
By [Name] and [Name]



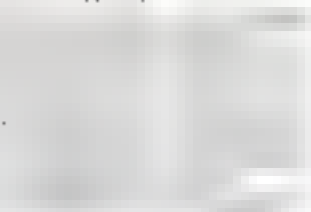
Birthday boy Flesch tops Colonial



Top-flight battles unfold at Sta. Elena



New ping-pong stars seek more glory at Riviera



Snow tipped to make weight lifter pays \$4 weather bet



See'emall!

AYALA & NEMAS

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PHILIPPINE DAILY INQUIRER

THURSDAY
MAY 11 1995

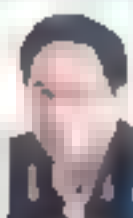
ENTERTAINMENT

Times & Edition

GAY GROUP'S PUT MTR B

'S-Files' also warned

by [Name]



He is [Name], [Title], [Organization]



She is [Name], [Title], [Organization]

Family in [Location]

He is [Name], [Title], [Organization]

For paying off [Name]

www. [Website]

He is [Name], [Title], [Organization]

The last time I saw Paris

Over
Woo



For paying off [Name]

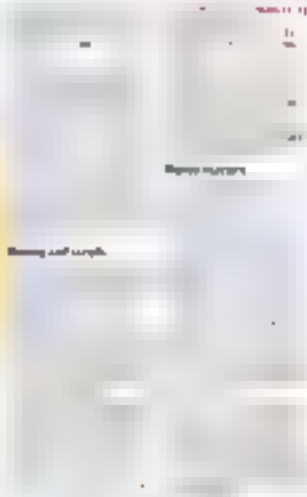
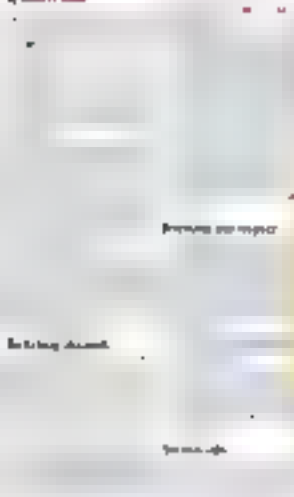
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Love'emall!

Paolo Contis changes in the name of love

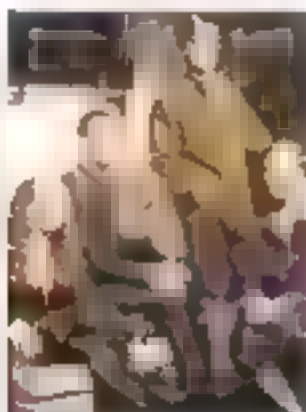
By David H. Green



SIX TIMES MORE

Life goes on in the midst of death

By David H. Green



PAOLO CONTIS (left) and his wife, LUCY, at the premiere of 'The Last Time I Saw Paris'.

Latin American

films make a splash at Cannes filmfest

By David H. Green

The last time I saw Paris

By David H. Green

Entertainment

TVU has new prime time schedule

Fun Nite at Sulo Hotel

By David H. Green

CHICKEN SOUP



Rules on dividend declaration by investment houses tightened

Fig. 10. \log_{10} σ_{max} vs. $\log_{10} \sigma_{\text{min}}$.

Ever-Glisco posts 18% earnings growth

No Flanking Is Allowed

*1.3500 — 40 x 100 x 200 mm
feederstock material*

FORMULA
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 and is formed by the
 reaction of the
 1,4-diene and oxygen
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 reaction is reversible
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Be-lar-... ..

KP clear

1. The first step is to identify the problem. This involves understanding the symptoms and the context in which they are occurring.

100% 100% 100%

BUSINESS

Gov't cuts commitment to ODA projects

By Nicholas S. Bana

MANILA, May 10 — The Philippine government has decided to cut its commitment to ODA projects, a move that could affect the country's infrastructure development. The decision was made by the Department of Budget and Finance, which announced that it will reduce the amount of funds allocated to ODA projects in the coming year. This move is part of the government's effort to streamline its budget and focus on other key areas. The affected projects include various infrastructure projects such as roads, bridges, and public facilities. The government expects this move to help in managing the national debt and ensuring the stability of the economy.

Dencio's to triple franchise network

By Nicholas S. Bana

MANILA, May 10 — Dencio's, a popular fast-food chain, is planning to triple its franchise network in the Philippines. The company, which is based in the United States, has announced that it will open a significant number of new outlets across the country. This expansion is part of the company's long-term strategy to establish a strong presence in the Asian market. Dencio's has already gained a loyal following in the Philippines, and the company expects this move to further increase its market share. The new outlets will offer a variety of fast-food options, including burgers, fries, and soft drinks. The company is also investing in marketing and promotional activities to attract more customers.



THE 2004 TOYOTA REVO
Available with 1.6L and 1.8L engines, 5-speed manual or 4-speed automatic.



REVO VXR400
1600 cc, 16V, 160 PS, 160 km/h

More space, more comfort, more safety. The Revo is the perfect choice for your business and family. It offers a spacious interior, a powerful engine, and advanced safety features. The Revo is also equipped with a variety of accessories to enhance your driving experience. Contact us today to learn more about the Revo and its features.

Cebu Pacific wants to hike rates, cites rising fuel costs

By Magall, Jr.



LBC keeps gas growth target of 3-5%



Equitable PCI

AUCTION MADNESS!

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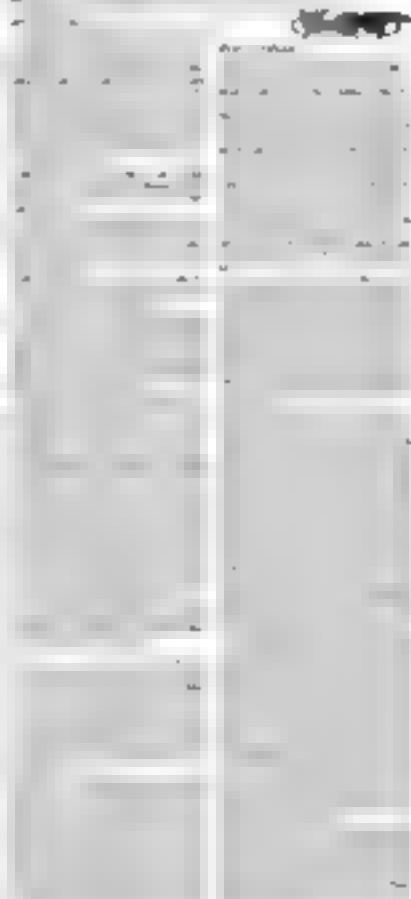
ALL PARTS ARE PRELIMINARY

WEATHER WEATHER FORECAST FOR Cebu City

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The road to sedition

By Magall, Jr.



BSP tightens banks' compliance systems



WILLIAM

the Saturday / C4

LIFE STYLE

LIFE: Carlo Masas Pascual

Advice for group exercise tyros

Group exercise classes are a great way to get fit and meet new people. But if you're a beginner, it's important to know some basic rules to follow to avoid injury and get the most out of your workout.

First, make sure you're properly hydrated. Drink plenty of water before, during, and after your workout. Second, warm up for at least 5-10 minutes before starting your main workout.

Third, listen to your body. If you feel pain or discomfort, stop immediately. Fourth, don't compare yourself to others. Everyone is at a different level, and that's okay.

Finally, have fun! Group exercise should be a enjoyable experience, not a chore.

WILLIAM
DOCS

PHOTO
BY



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EXERCISE OF THE WEEK

One-legged bench squat

STRENGTHENS the front and back of the thighs as well as the buttocks.

Equipment:

A step bench (just one inch or so high) and a pole (either open from inside building or to a wall or not building anything to challenge your balance).

Instructions:

1. Stand with the top of your right foot on a bench behind you using a pole for support and balance.

2. Contract your abdominal muscles and keep your chest lifted with your head up.

3. Bend both knees (the leg behind and the standing leg) and slowly lower your body as far as you can comfortably.

4. Keep your knee in line with the middle of the standing leg.

5. Squeeze your buttocks and the back of your thighs as you return to starting position.

6. Do 15 repetitions on one leg before switching to the other leg. This makes one set.

Performance tips:

1. Watch that your knee doesn't go past your toes as you lower your body.

2. If you are uncomfortable having your leg behind on top of a bench, keep it on the floor.

Repetitions:

Do one to three sets.

